

**Directions:** As a dietary supplement, take 2 tablets daily, with or without food.

**Viva's Menopause Support** provides a variety of natural ingredients, formulated to support and help manage symptoms of menopause. This includes an herbal support complex which may help reduce hot flashes, as well as a glandular support complex to help support the production of important, key hormones. Pantothenic acid is also included to support the adrenal glands during this stressful transition.†

Store in a cool dry place. Do not refrigerate. Please recycle.

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.**

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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for more information visit [www.vivavitamins.com](http://www.vivavitamins.com)

**MADE IN THE USA**

**GMP Compliant Manufacturing**



**viva**<sup>TM</sup>  
vitamins

• V I V A F E M M E •

# MENOPAUSE SUPPORT

*with Black Cohosh  
and Magnesium*



Nutritional, herbal & glandular support to help manage symptoms of menopause†

210 tablets  
dietary supplement

## Supplement Facts

Serving Size: 2 Tablets

Servings Per Container: 105

	Amount Per Serving	%Daily Value
Pantothenic Acid	200 mg	2000
Iodine	150 mcg	100
Magnesium	100 mg	25
PABA (para aminobenzoic acid)	150 mg	*
Boron	3 mg	*
Menopause Herbal Support Complex	890 mg	*
Black Cohosh root, Eleuthero root, Dong Quai root, Passion Flower, Licorice root, Damiana leaf, Peony root, Flax seed, Oat Straw, Lecithin		
Glandular Support Complex	130 mg	*
Raw Adrenal, Raw Pituitary, Raw Ovary		

\* % Daily Value (DV) has not been established.

**Other Ingredients:** Calcium phosphate, stearic acid (vegetable source), croscarmellose, magnesium stearate (vegetable source).

**Contains No:** gluten, sugar, salt, starch, yeast, corn, wheat, lactose, citrus, milk, egg, fish products, artificial coloring, flavoring, or preservatives.

Viva Vitamins™ fully guarantees the potency of this product through: