

**Directions:** As a dietary supplement, adults take one (1) softgel capsule two (2) times daily with meals, or as directed by a health care professional.

**Contains No** sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

**STORE IN A COOL, DRY PLACE AND AWAY FROM DIRECT LIGHT.**

**KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Viva Vitamins™ fully guarantees the potency of this product through:

Lot No.

Exp

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for more information visit [www.vivavitamins.com](http://www.vivavitamins.com)  
**MADE IN THE USA**



# FISH OIL OMEGA-3

1000 mg

Molecularly Distilled  
for Purity

200 Softgels  
Dietary Supplement

## Supplement Facts

Serving Size: 1 Softgel Capsule

### Amount Per Serving

**Calories 10** **Calories from Fat 10**

**Total Fat 1 g** **% Daily Value†**

Saturated Fat 0 g 0%

Monounsaturated Fat 0 g

Polyunsaturated Fat 0.5 g

**Cholesterol 10 mg** **3%**

**Vitamin E 9 iu** **30%**

Fish oil concentrate 1000 mg\*

Eicosapentaenoic acid (EPA) 180 mg\*

Docosahexaenoic acid (DHA) 120 mg\*

† Percent Daily Values are based on a 2,000 calorie diet

\* Daily Value not established

**Other Ingredients:** Gelatin, glycerin and water.

This fish oil is molecularly distilled to remove PCB's, dioxins, heavy metals such as lead, mercury and other unwanted compounds. This process also helps keep the oil fresh and stable.