

**Directions:** As a dietary supplement, adults take one (1) capsule daily with meals, or as directed by a health care professional.

Chromium picolinate helps support healthy blood glucose levels within a normal range.†

Store in a cool, dry place and away from direct light.  
Do not use if safety seal under cap is broken or missing.  
Keep out of reach of children.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Viva Vitamins™ fully guarantees the potency of this product through:



# CHROMIUM PICOLINATE

200 MCG

*100% Pure  
Crystalline  
Powder*

Helps support healthy  
blood glucose levels†  
90 capsules  
dietary supplement

## Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

	Amount Per Serving	%DV*
Chromium (as picolinate)	200 mcg	167%

\*Percentage Daily Value

**Other Ingredients:** Gelatin capsules, (May contain one or more of the following; rice powder, magnesium stearate and silica).

Note: The chromium potency indicated is elemental.

**Contains No:** Gluten, sugar, salt, yeast, corn, wheat, dairy, citrus, egg, fish products, artificial coloring, flavoring or preservatives.

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16201 Lindbergh Street, Van Nuys, CA 91406  
for more information visit [www.vivavitamins.com](http://www.vivavitamins.com)

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**GMP Compliant Manufacturing**