

Directions: As a dietary supplement, take 1 or more tablets daily.

Calcium and Magnesium are essential minerals that work synergistically with one another to promote enhanced absorption. Calcium is necessary for strong bones and teeth, and Magnesium is important for healthy enzymatic activity.†

This product contains NO milk, egg, fish, peanuts, crustacean shellfish (lobster, crab or shrimp), soybeans, tree nuts, wheat, yeast, gluten, beef, or pork. Contains NO artificial sweeteners, flavors, colors, or preservatives.

Store in a cool, dry place. Do not refrigerate. Please recycle.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Viva Vitamins™ fully guarantees the potency of this product through:

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for more information visit www.vivavitamins.com
GMP Compliant manufacturing. **MADE IN THE USA**



CAL' MAG' D

300 150

*chelated calcium
& magnesium
with vitamin d*

Supports bone health†
Synergistic formula
with mineral transporters†

250 tablets
dietary supplement

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 250

	Amount Per Serving	%DV
Vitamin D3 (as cholecalciferol)	125 IU	31%
Calcium (as carbonate, amino acid chelate, citrate, aspartate, ascorbate, fumarate, gluconate, ketoglutarate, malate, succinate)	300 mg	30%
Magnesium (as oxide, amino acid chelate, aspartate, ascorbate, citrate, fumarate, gluconate, ketoglutarate, malate, succinate)	150 mg	38%

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, stearic acid (vegetarian), silicon dioxide, magnesium stearate (vegetarian), croscarmellose sodium, aqueous film coating, and titanium dioxide.