

**Other Ingredients:** Gelatin, water (capsule). Cellulose, rice powder, magnesium stearate and silica.

This formula contains a combination of evidence-based nutrients and herbs combined to provide support for healthy blood sugar (glucose) levels.

**Contains No:** Gluten, sugar, salt, starch, yeast, corn, wheat, soy lactose, citrus, milk, egg, fish products, artificial coloring, flavoring, or preservatives.

**Directions:** As a dietary supplement, adults take three (3) capsules daily with meals, or as directed by a health care professional.

**Store in a cool, dry place and away from direct light. Do not use if safety seal under cap is broken or missing. Keep out of reach of children.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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for more information visit [www.vivavitamins.com](http://www.vivavitamins.com)

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**GMP Compliant Manufacturing**



Viva Vitamins™ fully guarantees the potency of this product through:

**viva**  
vitamins™

● SPECIALTY FORMULAS ●

# GLUCOSE SUPPORT

*with gymnema  
sylvestre extract*



Helps support healthy  
blood sugar balance†

60 capsules  
dietary supplement

## Supplement Facts

Serving Size: 3 Capsules

Servings per Container: 20

	Amount Per Serving	%DV*
Vitamin E (as d-alpha tocopheryl succinate)	100 iu	333%
Magnesium (as oxide, citrate)	400 mg	100%
Zinc (as monomethionine)	15 mg	100%
Manganese (as citrate)	5 mg	250%
Chromium (as chromium polynicotinate)	400 mcg	333%
Lagerstroemia speciosa extract (Standardized to 18% [0.48 mg] corosolic acid) (leaf)	2.7 mg	**
Bitter melon extract (Standardized to 7.5% [15 mg] bitter principles) (fruit)	200 mg	**
Gymnema sylvestre extract (Standardized to 25% [100 mg] gymnemic acids) (stem)	400 mg	**
Vanadium (as vanadyl sulfate)	5 mg	**
Jerusalem artichoke extract (fruit)	100 mg	**
Fenugreek (Trigonella foenum) extract (seed)	100 mg	**
Milk thistle (Silybum marianum) extract (Standardized to 80% [40 mg] silymarin) (seed)	50 mg	**
Ginkgo biloba extract (Standardized to 24% [4.8 mg] flavoneglycosides & 6% [1.2 mg] terpene lactones) (leaf)	20 mg	**
Bilberry (Vaccinium myrtillus) extract (Standardized to 25% [5 mg] anthocyanosides) (fruit)	20 mg	**
Alpha lipoic acid	25 mg	**
Citrus bioflavonoids	100 mg	**

\*Percentage Daily Value

\*\*Daily Value not established